

# Rockhurst High School

## 2018 Track and Field

### Parent Volunteer Sheet

I need your help again this year! We have two home meets this year that we will need some volunteers for. The first is our Freshmen Relays and the other is our Varsity Lillis Relays. If you are able to donate your time and energy to either of these events, I will be even more in debt to you. If you cannot donate your time, but would like to donate snacks for the boys please do so. Just give them to your son and have him give them to a coach. We will try to provide some sort of snack during the all meets.

I am able to help out with the Rockhurst Freshmen Relays Tuesday April 3th from 3:45pm to about 8pm.

Yes\_\_\_\_\_ No\_\_\_\_\_ Unsure\_\_\_\_\_

I am able to help out with the Rockhurst Varsity Relays Thursday April 19th from 3:45pm to about 8pm.

Yes\_\_\_\_\_ No\_\_\_\_\_ Unsure\_\_\_\_\_

Athlete's Name: \_\_\_\_\_

Your Name: \_\_\_\_\_

Email: \_\_\_\_\_

Cell: \_\_\_\_\_

Thank you again for your continued support of the Track and Field program here at Rockhurst High School. I will be in contact with you as April approaches. THANK YOU SO MUCH!

Sincerely,

Coach Michael Day