

Rockhurst Track & Field

Meet Entries

Meet:	SM South - VARSITY			Date:	Saturday, March 30, 2013
Location:	SM South High School			Dismissal:	Arrive 75 minutes before first ev.
Details:	Finished 2nd overall as a team				
Event	1	2	3	4	Seed / Result
4x1600 relay	Bode, Carson	Smith, Charlie	Nelson, Carl	Schloegel, Van	3rd
Time: 9:15	63.5/73.7/72.4/67.3 = 4:36.9	70.6/2.25.8/73.8 = 4:50.1	66.8/70.2/73.3/71.8 = 4:42.0	69.9/72.1/74.1/70.1 = 4:46.3	18.55.61 FAT
4x800 relay	Trujillo, Chaz	Thompson, William	Ashenafi, Won	Bode, Carson	2nd
Time: 10:45	61.3/62.9=204.1	60.6/63.5=204.1	60.4/69.8=2.10.4	62.6/62.1=2.04.7	8.23.1
110 HH Fin	None				
Time: 11:15					
100 Finals	Fanning, Alex	Linscott, Max	Dunn, Devin		
Time: 11:40	12.2	11.6h/11.72FAT 8th	12.4		
1600 run	Lombardo, Alex	Doherty, Kevin	Pericich, Daniel		
Time: 12:00	64.9/70.0/69.4/66.7 =4.31.1 / 2nd	65.54/77.22/81.72/-DNF	66.3/75.0/76.0/70.6= 4.47.8 / 8th		
4x100 relay	Schell, Matt	Seitz, Tommy	Koeppen, Mitch	Linscott, Max	1st
Time: 12:10	11.7	11.18	10.5	10.57	43.9h/44.09FAT
400 dash	Love-Epp, JD	Ashenafi, Won	Bowen, Patrick		
Time: 12:40	57.1	Scratch	52.89FAT/7th		
300 IH	Steilen, Noah	Cosner, Eli			
Time: 1:05	46.17	49.23			
800 run	Schloegel, Van	Smith, Charlie	Lombardo, Alex		
Time: 1:30	61.4/68.5=2.09.7	62.1/66.7=2.08.51	58.3/61.9=2.00.2 /2nd		
200 dash	Koeppen, Mitch	Seitz, Tommy	Stoetzer, Dylan		
Time: 1:55	22.89/3rd	23.4	23.6	Sub: Schell, Matt	
3200 run	Nelson, Carl	Thompson, William	McHugh, Jack		
Time: 2:35	68.5/77.6/78.5/80.1 /78.5/80.4/79.1/70.1 =10.12.9/3rd	71.2/76.6/78.6/79.6 /78.3/79.9/78.7/71.7 =10.14.70/4th	72.9/77.1/78.5/81.1 /80.7/83.3/82.9/76.6 =10.33.06		
4x100 hog					
Time: 2:50					
4x400 relay	Trujillo, Chaz	McGovern, Aaron	Bode, Carson	Linscott, Max	4th
Time: 3:10	53.7	51.7	50.1	53.2	3.28.59
Discus	Dixon, Jimmy	Meredith, David	Grindstaff, Andrew		
Time: Aft Grl	109'5"	109'4"	109'6"		
Long Jump	Goldmon, Curtis	Ellis, Jourdan	Romano, Nick		
Time: 9:00	22'2"/21'10"/22' 1st	N/D	17'10"		
High Jump	Ellis, Jourdan	Keller, Greg	Steilen, Noah		
Time: Aft Grl	5'8" / T-4th	5'8" 2nd	5'8" / T-4th		
Shot Put	Dixon, Jimmy 3rd	Meredith, David 5th	Simsheuser, Jayke		
Time: 9:00	43'8"/47'10.5" 3rd	45'1/44'9.5" = 5th	39.6/43'2" / 8th		
Triple Jump		Goldmon, Curtis	Dunn, Devin		
Time: Aft LJ		44'10"/45'7.5" = 1st	37'10.75 / 7th		
Pole Vault	Costanzo, Jake	Meysenburg, Nate			
Time: 9:00	10'	N/H			